

## Camp Session

Camp is Sunday, June 24th to Saturday, June 30th. Campers receive an assigned time to "Check-in" on Sunday in the "Welcome to Camp" letter, which is sent shortly before camp begins. "Check-Out" occurs the following Saturday after our 10 a.m. closing ceremony and before 11 a.m. The Camp accepts children who have diabetes, ages 8 through 17. Applications are due June 8, 2018. Late applications will be considered ONLY on a space available basis.

## Fees

See application for the fee structure. The amount paid may be adjusted according to the family's demonstrated need. Requests for financial assistance, "Camperships," are submitted along with the application. See the application for details.

## Donations

Donations are very important and helpful! The cost for each camper is considerably greater than the amount charged, so each year we need to raise additional money to cover the costs of camp. Please consider making a donation to assist us in making camp a reality for these campers each year.

## Contact Information

If you would like information about the camp or to download a camper, or counselor, application, go to our web site at:

[lionsdiabeticcamp.org](http://lionsdiabeticcamp.org)

For medical staff application or other information such as how to make a tax deductible donation, please contact:

**Lion Bob Trueax**  
Diabetes Camp Administrator  
530-591-7758  
[ritrueax@gmail.com](mailto:ritrueax@gmail.com)

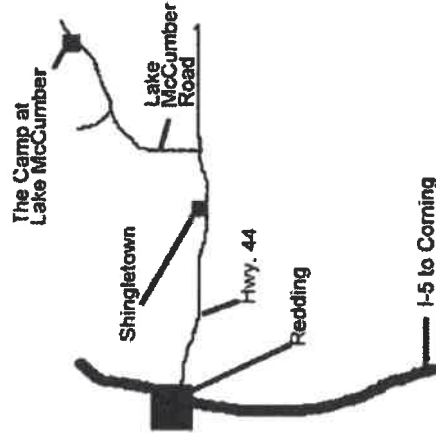
**Lion Kim Miller**  
Diabetes Camp Director  
530-921-2421  
[kgmiller813@sbcglobal.net](mailto:kgmiller813@sbcglobal.net)

## -Location-

The camp is held at beautiful Lake McCumber, just seven miles east of Shingletown, and a few miles west of Lassen Volcanic National Park, off Hwy. 44. With a beautiful wooded area, lake and recreation facility, this site offers the activities of outdoor camping while supplying the comforts of home—electricity, hot showers and cafeteria style meals.

## -Directions-

Take Hwy. 44 east out of Redding, seven miles past Shingletown and turn left on Lake McCumber Road. Stay on Lake McCumber road (bearing right at the "Y" intersection with Ritts Mill Road) and it becomes Deer Flat Road. Turn left at the Camp McCumber sign. The camp's address is 35440 Deer Flat Rd., Shingletown, CA 96088



# Camp McCumber

*The Ultimate Camp for The Child or Youth with Diabetes*  
**June 24 through 30, 2018**



Campers, Counselors and Medical Staff,  
all one Big Family for the  
Child or Youth with Diabetes



**A function of  
Lions  
District 4-C1  
Health Foundation**

## The Camp

The camp is sponsored by the Lions Health Foundation (a 501 (c) (3) foundation, Tax ID. number 94-3233706) of District 4-C1, a non-profit service organization. The foundation is dedicated to providing fun and educational camping experiences for youth with health challenges, who would otherwise be denied the privilege.

## Goals

The Lions' Health Foundation has the following goals for summer camp:

- + A safe, healthy and enjoyable camp experience.
- + Enable youth to meet and share their experience with other youth who have diabetes.
- + Empower campers to become responsible for their individual control programs.

## Daily Schedule

- Wake-up
- Flag Raising
- Testing/Breakfast/Showers
- Morning Activity
- Testing/Lunch
- Camp & Cabin Clean-up/Quiet Time
- All Camp Activity
- Snack
- Free Time
- Flag Lowering/Announcements
- Testing/Dinner/Showers
- Evening Activity
- Campfire
- Testing/Snack
- Lights Out (youth)
- Night Activity (teens)
- Midnight Testing/Lights Out (teens)

## Activities

The camp offers a variety of enjoyable activities and programs such as:

- + Diabetes Education
- + Archery
- + Arts & Crafts
- + Baseball & Basketball
- + Hiking & Nature Study
- + Music
- + Nightly Campfire Skits & Camp Songs
- + Ping Pong & Badminton
- + Volleyball & Kickball
- + Waterfront Activities

## Counselors

We provide enough counselors to supervise and meet the individual needs of all the campers. Counselors receive basic training in supporting the medical staff and assisting campers. Counselors are selected from Lions, Lionses, students, teachers, etc. Counselors are role models for campers and positively impact each camper's experience.

## Food

An excellent kitchen staff provides three hot meals a day, which are appropriate for the individual with diabetes. Nutritious snacks are also provided at appropriate intervals throughout the day and evening. Food is an important part of diabetes management and we strive to help campers make healthy food choices.



**Tie Dye in Arts & Crafts  
Medical Staff**

Our 24 hour medical staff (Doctors, CDEs, and a minimum of 10 Nurses) monitors diet and supervises insulin administration and blood sugar testing. Medical educational activities assist campers in becoming responsible for their individual health programs.



**Field Games**



**Dressed for the Friday Night Dance**



**Cabin Awards & Closing Ceremonies**